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SMALL PLATES															
Beef Tartare	√ barley/ κριθάρι	>	>	<b>&gt;</b>	X	x	x	X	x	<b>√</b>	x	<b>✓</b>	✓	X	
Beetroot Labneh	x	<b>&gt;</b>	x	x	x	x	x	√ hazelnut , pistachio / φουντούκια , φυστίκια	x	x	x	x	x	<b>√</b>	
Chargrilled Prawns	√ wheat/σιτάρι	<b>&gt;</b>	x	x	<b>&gt;</b>	x	x	X	x	✓	x	x	✓	x	
Grilled Halloumi	X	<b>✓</b>	X	X	X	X	X	X	X	X	X	X	X	X	
Citrus Ceviche	X	X	X	<b>✓</b>	X	X	X	X	X	X	X	X	X	X	
Cheesy Garlic Bread	√ wheat/σιτάρι	<b>√</b>	>	X	x	X	x	X	x	x	x	x	x	X	
Ravioli Fritti	√ wheat/σιτάρι	✓	<b>✓</b>	X	X	X	x	X	x	x	x	x	X	X	

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PASTA															
Cacio Carbonara Casarecce	√ wheat/σιτάρι	<b>✓</b>	>	x	X	x	x	x	>	<b>√</b>	x	x	x	X	
Pappardelle Bolognese	√ wheat/σιτάρι	<b>✓</b>	>	x	X	x	x	x	>	<b>&gt;</b>	x	x	X	x	
Porcini Tagliatelle	√ wheat/σιτάρι	<b>✓</b>	>	x	X	x	x	x	>	<b>√</b>	x	x	X	x	
Millionaire's Risotto	√ wheat/σιτάρι	<b>✓</b>	x	<b>✓</b>	X	x	x	x	>	>	x	x	>	x	
Sensational Seafood Orzo	√ wheat/σιτάρι	x	x	<b>✓</b>	<b>&gt;</b>	>	x	x	<b>✓</b>	<b>&gt;</b>	x	x	<b>&gt;</b>	x	

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BIG PLATES															
Chicken Al Mattone	x	<b>√</b>	<b>√</b>	x	x	x	x	√ walnuts/ καρύδια	x	x	x	x	x	x	
Catch of the Day	X	X	✓	✓	X	X	X	X	X	✓	X	X	✓	X	
Creamy Salmon	X	<b>✓</b>	X	✓	X	X	X	X	✓	X	X	X	✓	X	
Chicken Parmigiana	√ wheat/σιτάρι	<b>√</b>	✓	x	x	x	x	X	x	x	x	X	X	X	
GRILL															
Inside Skirt Steak	x	x	x	x	x	x	x	x	x	x	x	x	x	x	
Rid Eye Steak	X	X	X	X	X	X	X	X	X	X	X	X	X	x	
Sticky Apple Pork	x	X	X	x	x	X	x	x	X	x	X	X	✓	X	

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BUNS			•	1	1	•			1					T	
Katsu Chicken	√ wheat/σιτάρι	✓	<b>√</b>	x	X	x	x	x	✓	✓	x	✓	<b>√</b>	x	
Kitchen Burger	✓	✓	✓	✓	x	x	x	x	✓	✓	x	✓	✓	x	
Truffled Beef	√ wheat/σιτάρι	<b>√</b>	<b>√</b>	X	x	X	x	x	<b>√</b>	<b>√</b>	X	<b>√</b>	<b>~</b>	x	
SALADS															
Octopus & Potato	x	x	x	x	x	✓	x	x	x	x	X	x	✓	x	
Avocado Ceasar	√ barley , wheat,rye /κριθάρι , σιτάρι, σίκαλη	✓	1	<b>✓</b>	x	x	x	x	x	<b>√</b>	x	х	<b>√</b>	x	
Burrata Panzanella	√ wheat,rye/ σιτάρι, σίκαλη	✓	x	x	x	x	x	x	x	x	x	x	<b>√</b>	x	
Amazing Orzo	√ wheat/σιτάρι	<b>√</b>	x	X	x	x	x	√ pistachio / φυστίκια	X	X	x	<	>	X	
Superfood	X	✓	x	x	X	x	x	x	x	x	X	x	<b>&gt;</b>	✓	
Add Feta	x	<b>√</b>	x	x	X	x	x	x	x	x	x	x	X	X	
Add Chicken	x	x	x	x	x	x	x	x	x	x	x	x	x	x	
Add Octopus	X	x	x	x	X	<b>✓</b>	x	x	x	x	X	x	X	x	
Add Prawns	x	x	x	x	✓	x	x	x	x	X	X	X	x	x	

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PIZZA															
Margherita	√ wheat/σιτάρι	<b>✓</b>	<b>✓</b>	x	X	x	x	x	x	x	x	x	X	X	
Four Cheese	√ wheat/σιτάρι	<b>✓</b>	x	x	X	x	x	x	x	x	x	x	X	x	
Lefkada Salami	√ wheat/σιτάρι	<b>✓</b>	x	x	X	x	x	x	x	x	x	x	X	x	
Truffle Tasty	√ wheat/σιτάρι	<b>✓</b>	<b>✓</b>	x	x	x	x	x	x	x	x	x	X	x	
Nouboulo	√ wheat/σιτάρι	<b>✓</b>	x	x	x	x	x	x	x	x	x	x	X	x	

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SIDES & SAUCES															
Coal Roasted Hasselback	x	✓	✓	x	x	x	x	x	x	x	x	x	x	x	
Chips	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Miso Broccoli	√ wheat/σιτάρι	X	<b>✓</b>	x	x	x	x	√ almonds/ αμύγδαλα	X	>	x	x	<b>√</b>	x	
Rocket Salad	x	<b>\</b>	<b>√</b>	x	x	x	x	x	x	x	x	x	x	x	
Jalapeno Yoghurt	x	<b>√</b>	x	x	x	x	x	x	x	x	x	x	x	x	
Tomato Salsa	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Bourbon	√ barley /κριθάρι	x	<b>√</b>	<b>✓</b>	x	x	x	x	x	<b>√</b>	x	<b>&gt;</b>	<b>√</b>	x	

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KIDS															
Cheese and Tomato Pasta	√ wheat/σιτάρι	✓	<b>~</b>	x	x	x	x	x	<b>~</b>	<b>✓</b>	x	x	x	x	
Chicken Sesame Lollipops	X	<b>\</b>	X	X	X	X	X	X	X	X	X	X	X	X	
kids Burger	√ wheat/σιτάρι	>	<b>√</b>	x	x	x	x	X	<b>✓</b>	<b>✓</b>	x	x	X	X	
Pizza Margarita	√ wheat/σιτάρι	>	x	x	x	x	x	X	<b>✓</b>	✓	x	x	X	X	
DESSERT															
Apple Crumble	√ wheat , oat / σιτάρι , βρώμη	✓	✓	x	x	x	x	x	x	✓	x	x	<b>√</b>	x	
Lemon Cheesecake	√ wheat/σιτάρι	<b>✓</b>	<b>√</b>	X	x	x	x	X	x	✓	x	X	x	X	
Popcorn Brownie	√ wheat/σιτάρι	<b>√</b>	✓	x	x	x	x	X	x	✓	X	X	X	X	
Sneackersphere	√ wheat/σιτάρι	<b>√</b>	<b>√</b>	x	x	x	<b>√</b>	√ hazelnut / φουντούκια	x	✓	x	x	x	x	