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	Δημητριακά με γλουτένη/ Cereals containing gluten	Γάλα/ Milk	Αυγό/ Egg	Ψάρι/ Fish	Καρκινοειδή/ Crustaceans	Μολύσδια/ Molluscs	Αραχίδες (αράβικα φυστίκια)/ Peanuts	Ξηροί καρποί/ Tree nuts	Σέλνιο/ Celery	Σόγια/ Soyabeans (εξαιρείται το πλήρες ραφινωμένο σόγια έλαιο, fully refined soya oil is exempted)	Λούπινο/ Lupin	Σινάπι (μουστάρδα)/ Mustard	Διοξείδιο του θείου και θειώδεις ενώσεις/ Sulphur dioxide and sulphites	Σπόροι σησαμιού/ Sesame seeds	
SPUNTINI															
Mushroom Fritti	✓ wheat/σιτάρι	✓	✓	✗	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	
Cheesy Garlic Bread	✓ wheat,rye /σιτάρι,σίκαλη	✓	✓	✗	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	
Flash Fried Prawns	✓ wheat/σιτάρι	✗	✗	✗	✓	✗	✗	✗	✓	✗	✗	✗	✓	✗	
Herby Halloumi Fries	✗	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Porcini Soup	✓	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
ANTI PASTI															
Tomato Bruschetta	✓ wheat/σιτάρι	✓	✗	✗	✗	✗	✗	✗	✓	✗	✗	✗	✓	✗	
Crispy Squid	✓ wheat/σιτάρι	✓	✓	✗	✗	✓	✗	✗	✗	✓	✗	✗	✓	✗	
Ultimate Plank	✓ wheat,barley /σιτάρι, κριθάρι	✓	✓	✗	✗	✗	✗	✓ pistachio/ φυστίκια	✓	✓	✗	✗	✓	✓	
Creamy Burratta	✓ wheat/σιτάρι	✓	✗	✗	✗	✗	✗	✓ hazelnut, / φουντούκια	✗	✗	✗	✗	✗	✗	
Ravioli Fritti	✓ wheat/σιτάρι	✓	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	


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INSALATE															
Caesar Salad	✓ wheat/σιτάρι	✓	✓	✗	✗	✗	✗	✗	✗	✗	✗	✓	✓	✗	
Beautiful Tomato Salad	✓ wheat/σιτάρι	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Super Food Salad	✗	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✓	✓	
Octopus & Potato Salad	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	✗	✗	✓	✗	
Add Grilled octopus	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	✗	✗	✗	✗	
Add Prawns	✗	✗	✗	✗	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Add Chicken	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
PRIMI															
Sicilian Prawn Linguine	✓ wheat/σιτάρι	✗	✓	✓	✓	✗	✗	✗	✗	✗	✗	✗	✓	✗	
Penne Carbonara	✓ wheat/σιτάρι	✓	✓	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	✗	
Four Cheese Mezzelune	✓ wheat/σιτάρι	✓	✓	✗	✗	✗	✗	✗	✓	✗	✗	✗	✓	✗	
Seafood Spaghetti Nero	✓ wheat/σιτάρι	✗	✗	✓	✗	✓	✗	✗	✓	✗	✗	✗	✓	✗	
Porcini Tagliatelle	✓ wheat/σιτάρι	✓	✓	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	✗	
Jamies Spaghetti Pomodoro	✓ wheat/σιτάρι	✓	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Tagliatelle Bolognese	✓ wheat/σιτάρι	✓	✓	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	✗	
Rich Beef Lasagne	✓ wheat/σιτάρι	✓	✓	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	✗	
Truffle Risotto	✗	✓	✓	✗	✗	✗	✗	✗	✓	✗	✗	✗	✓	✓	
Seafood Risotto	✗	✗	✗	✓	✓	✓	✗	✗	✓	✗	✗	✗	✓	✗	


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SECOND!															
The JI Burger	✓ wheat/σιτάρι	✓	✓	✗	✗	✗	✗	✗	✓	✓	✗	✓	✓	✗	
Tartufo Burger	✓ wheat/σιτάρι	✓	✓	✗	✗	✗	✗	✗	✗	✓	✗	✗	✓	✗	
Buttermilk - Fried Chicken Burger	✓ wheat/σιτάρι	✓	✓	✗	✗	✗	✗	✗	✗	✓	✗	✗	✓	✗	
Chicken Al mattone	✓ wheat/σιτάρι	✓	✓	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	✗	
Fish in a Bag Salmon	✗	✗	✓	✓	✗	✗	✗	✗	✗	✓	✗	✗	✓	✗	
Fish in a Bag Octopus	✗	✗	✓	✓	✗	✓	✗	✗	✗	✓	✗	✗	✓	✗	
Chicken Parmigiana	✓ wheat/σιτάρι	✓	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Acqua Pazza	✗	✗	✗	✓	✗	✗	✗	✗	✓	✗	✗	✗	✓	✗	
Mushroom Short Rib	✗	✓	✗	✓	✗	✗	✗	✗	✓	✗	✗	✓	✓	✗	
Tomahawk Panzanella	✓ wheat/σιτάρι	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✓	✗	
Black Angus Ribeye	✗	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Chicken Fillet	✗	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Add Shaved Truffle	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Add Garlic Butter	✗	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Add Mushroom Sauce	✓ wheat/σιτάρι	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	

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PIZZE															
Pepperoni Calzone	✓ wheat,rye/ σιτάρι,σικάλη	✓	✓	✗	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	
San Daniele	✓ wheat,rye /σιτάρι,σικάλη	✓	✓	✗	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	
The Tuscan	✓ wheat,rye/ σιτάρι,σικάλη	✓	✓	✗	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	
Margherita	✓ wheat,rye/ σιτάρι,σικάλη	✓	✓	✗	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	
Smoky Funghi	✓ wheat,rye/ σιτάρι,σικάλη	✓	✗	✗	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	
La Bianca	✓ wheat,rye/ σιτάρι,σικάλη	✓	✓	✗	✗	✗	✗	✓ pistachio/ φυστίκια	✗	✓	✗	✗	✗	✗	
The Porkie	✓ wheat,rye/ σιτάρι,σικάλη	✓	✓	✗	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	


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<div>JAMIE'S ITALIAN</div>	Allergen - DOES IT CONTAIN.....?														Notes
	Σπόροι σησαμιού/ Sesame seeds	Διοξείδιο του θείου και θειώδεις ενώσεις/ Sulphur dioxide and sulphites	Σινάπι (μουστάρδα)/ Mustard	Λούπινο/ lupin	Σόγια/ Soyabeans <small>(εξαιρείται το πλήρως προηυνοποιημένο σόγιαδο, fully refined soya oil is exempted)</small>	Σέλνιο/ Celery	Ξηροί καρποί/ Tree nuts	Αραχίδες (απόρρικα φυτικά)/ Peanuts	Μολύσδια/ Molluscs	Καρκινοείδη/ Crustaceans	Ψάρι/ Fish	Αυγό/ Egg	Γάλα/ Milk	Δημητριακά με γλουτένη/ Cereals containing gluten	
SIDE															
Spiced Fries	X	X	X	X	X	X	X	X	X	X	X	X	✓	X	
Salted Fries	X	X	X	X	X	X	X	X	X	X	X	X	✓	X	
Seasonal Greens	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Mash Potato	X	✓	X	X	X	X	X	X	X	X	X	X	✓	X	
Rocket & Parmesan Salad	X	✓	✓	X	X	X	X	X	X	X	X	X	✓	X	
Herby Roasted Potatoes	✓ wheat/σιτάρι	X	X	X	X	X	X	X	X	X	X	X	✓	X	
KIDS															
Happy Chicken Lollipops	X	✓	X	X	X	X	X	X	X	X	X	X	✓	X	
Margherita Pizza	✓ wheat,rye/ σιτάρι,σικάλη	✓	X	X	X	X	X	X	X	✓	X	X	X	X	
Mini Spaghetti	✓ wheat/σιτάρι	✓	✓	X	X	X	X	X	X	X	X	X	X	X	
Baby Beef Burger	✓ wheat/σιτάρι	✓	✓	X	X	X	X	X	X	X	X	X	✓	X	
Warm Chocolate Brownie	✓ wheat/σιτάρι	✓	✓	X	X	X	X	X	X	✓	X	X	X	X	
Fresh Fruit	X	X	X	X	X	X	X	X	X	X	X	X	X	X	

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DESSERT															
Tiramisu	✓ wheat/σιτάρι	✓	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Chocolate Brownie	✓ wheat/σιτάρι	✓	✓	✗	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	
Amalfi Lemon Cheesecake	✓ wheat/σιτάρι	✓	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Chocolate Fudge Sundae	✓ wheat/σιτάρι	✓	✓	✗	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	
Creamy Panacotta	✓ wheat/σιτάρι	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
GELATO & SORBET															
Strawberry Sorbet Scoop	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Lemon Sorbet Scoop	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
ICE CREAM															
Chocolate Scoop	✗	✓	✗	✗	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	
Dulce de Leche Caramel Scoop	✗	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Vanilla Scoop	✗	✓	✓	✗	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	
TOPPINGS															
Chocolate sauce	✓ wheat/σιτάρι	✗	✗	✗	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	
Spiced crumble	✓ wheat/σιτάρι	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Blueberry compote	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Raspberry compote	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Butterscoch sauce	✗	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	